







# Product Directory Export

Premium Desserts since 1989











#### **FABRIDOCE**

### Who are we?

FABRIDOCE - DOCES REGIONAIS SA is a Portuguese company specialized in Portuguese sweets and ice creams. It was founded in 1989 in Aveiro, one of the gastronomic pillars of the region in the centre of Portugal, known for its Ovos Moles de Aveiro, Raivas de Aveiro, Pão de Ló Conventual and many other conventual sweets dating back to the 16th century.

### Certification

All processes are subject to rigorous control to ensure the quality of the raw materials, the consistency and stability of the items and the transaction of the finished products.

FABRIDOCE has been an IFS-certified company since 2011 and PME Excellence since 2012 (a distinction awarded by IPAMEI to companies with superior performance profiles) and is present in the main distribution chains on the Iberian Peninsula, the Portuguese Horeca segment and among Portuguese communities in more than 15 countries.









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## Conventual Sweets













### Ovos Moles de Aveiro

#### Sweet Egg Delicacy

The tourist and gastronomic icon of the Aveiro region. Born in the 16th century at the Convent of Jesus in Aveiro, they are made by combining egg yolk with sugar syrup and traditional know-how, following the convent recipe handed down in secret for generations.

Keep in a cool, dry place up to 25°C. Protect from the sun.





Fabridoce 150g and 500g packaging, 250g Tourism packaging, Barrica de Ovos Moles de Aveiro format

EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691250785	Ovos Moles de Aveiro 150g Fabridoce (6 a 7 un)	150g	4 un	600g	21 days	Dry and Cool
5602691231999	Ovos Moles de Aveiro 250g Fabridoce (10 a 11 un)	250g	6 un	1,500kg	21 days	Dry and Cool
5602691250600	Ovos Moles de Aveiro 250g Turismo (10 a 11 un)	250g	6 un	1,500kg	21 days	Dry and Cool
5602691231104	Ovos Moles de Aveiro 500g (20 a 22 un)	500g	4 un	2kg	21 days	Dry and Cool
5602691112137	Ovos Moles de Aveiro kg Fabridoce (43 a 45 un)	1kg	2 un	2kg	21 days	Dry and Cool
5602691251799	Barricas de Ovos Moles de Aveiro 33 un	≈ 30g	66 un	> 2kg	21 days	Dry and Cool

### Ovos Moles de Aveiro Frozen

#### Sweet Egg Delicacy Frozen

The tourist and gastronomic icon of the Aveiro region. Born in the 16th century at the Convent of Jesus in Aveiro, they are made by combining egg yolk with sugar syrup and traditional know-how, following the convent recipe handed down in secret for generations.

Frozen product, store at -18°C. Remove from the freezer 1.5 hours before consumption and defrost at room temperature. After defrosting, store at 0-25°C for up to 12 days.



	EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
	5602691251720	Ovos Moles de Aveiro 250g Fabridoce Frozen (10 a 11 un)	250g	6 un	1,500kg	180 days	Frozen
1	5602691251737	Ovos Moles de Aveiro 500g Fabridoce Frozen (20 a 22 un)	500g	4 un	2kg	180 days	Frozen



Packaging 250g and 500g

### Creme de Ovos Moles

#### Sweet Egg Cream

Is a creamy conventual sweet made from egg yolks and sugar syrup. This product is ideal for lovers of Eggs Moles and is widely used at home, essentially to spread and decorate cakes and desserts.

Refrigerated product, store between 0-5°C, with respective expiry dates. Frozen product, store at -18°C. After defrosting, store at 0-5°C. 125g and 300g format, after defrosting, consume within 30 days. 10kg bucket format, after defrosting, consume within 45 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253410	Creme de Ovos Moles 300g	300g	6 un	1,800kg	60 days	Refrigerated
5602691251409	Creme de Ovos Moles 230g	230g	6 un	1, 380kg	60 days	Refrigerated
5602691253557	*Creme Ovos Moles Kg – Frozen	10kg	1 un	10kg	12month s	Frozen
5602691253847	*Creme Ovos Moles Aveiro Kg – PTD	10kg	1 un	10kg	45 days	Frozen

<sup>\*</sup> Products in buckets invoiced by the kg; Minimum order of 5 buckets with at least 5 days' notice.

Packaging 230g and 300g

### Fios de Ovos

#### Sweet Egg Yarns

Conventual delicacy that is one of the most popular in Portugal and Spain. They are usually used to accompany and decorate our magnificent desserts, and some people also use them with ham as a starter.

Refrigerated product, store at 0-5°C until expiry date. Frozen product, store at -18°C. After defrosting, store at 0-5°C. Once thawed, consume within 50 days. Once opened, consume within 5 days.





Packaging 100g

EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253403	Fios de Ovos 100g Fabridoce	100g	4 un	400g	50 days	Refrigerated
5602691250051	Fios de Ovos 100g Fabridoce - Frozen	100g	4 un	400g	12 months	Frozen
5602691230978	*Fios de Ovos 1kg FR	1kg	2 un	2kg	50 days	Refrigerated
5602691252680	Fios de Ovos 1kg Frozen	1kg	2 un	2kg	18 months	Frozen

Fios de Ovos 1kg FR – Order at least 7 days in advance.

### Massa de Ovos Moles Massa Dura de Ovos Moles

SWEET EGG DOUGH is like the filling of Sweet Egg Delicacy, while the Sweet Egg Cream is more liquid. SWEET EGG HARD DOUGH is another of Fabridoce's HORECA range of products. The cooking time is longer than for Sweet Egg Dough so that it loses more water and becomes more malleable. Available in 10kg frozen buckets.



Refrigerated product, store between 0-5°C. Frozen product, store at -18°C. After defrosting, store at 0-5°C. After defrosting, consume within 45 days.

5602691253335



Packaging 500g

EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691252789	Cuvete Massa de Ovos Moles 500g Frozen	500g	4 un	2kg	12month s	Frozen
5602691251102	Massa de Ovos Moles Balde de 10kg FR	10kg	1 un	10kg	45 days	Refrigerated
5602691251102	Massa de Ovos Moles Balde 10kg DF	10kg	1 un	10 kg	45 days	Refrigerated
5602691251102	Massa de Ovos Moles Balde de 10kg Frozen	10kg	1 un	10 kg	12month s	Frozen
Massa de Ovos Moles 10kg FR – Order 2 days in advance.						

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Massa Dura de Ovos Moles 10kg Frozen - Minimum order 5 units.

Massa Dura de Ovos Moles

Balde de 10 ka Frozen

Frozen

12month

10 ka

### Pas de Lo Conventual

#### Conventual Sponge Cake

A traditional sweet with a light and soft pastry, following a recipe that is more than two hundred years old. With its moist texture in the centre of the sweet, this dessert is a must on the Portuguese table.

Refrigerated product, store between 0-5°C. Frozen product, store at -18°C. Format 75 g, after defrosting store at 0°-5°C for up to 3 days. Format 500 g, after defrosting store at 0°-5°C for up to 10 days.





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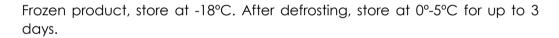
Packaging 500g

EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation	
5602691252321	Pão de Ló Conventual 75g Frozen	75g	6 un	450g	12month s	Frozen	
5602691233153	Pão de Ló Conventual 500g	500g	4 un	2kg	10 days	Refrigerated	
5602691233153	Pão de Ló Conventual 500g Frozen	500g	4 un	2kg	12month s	Frozen	

### Pas de Ló de Chocolate

#### Chocolate Sponge Cake

New chocolate version, designed for the Horeca Channel. A traditional sweet with a light and soft dough, following a recipe that is more than two hundred years old, where only cocoa is added. **Article available on request.** 







Pão	de	Ló	Chocolate	75g

EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation	
5602691251478	Pão de Ló Chocolate 75g Frozen	75g	6 un	450g	12month s	Frozen	-

## Moliceiros com Ovos Moles

#### Sweet Egg Custard

The boat-shaped biscuit filled with Ovos Moles cream recalls the estuary and the simple but unique flavours of this city. Article available on request.

Frozen product, store at -18°C. After defrosting, store at 0°-5°C for up to 21 days.



EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691252864	Moliceiros com Ovos Moles 160g (4 un) Frozen	160g	6 un	960g	12month s	Frozen



Packaging 160g

### Trouxas de Ovos

#### Sweet Egg Rolls

They are part of a range of traditional products in which the main raw material is egg yolks in sugar syrup. The name so characteristic of this product comes from the bundles of laundry in rolls that washerwomen used to put on their heads when they went to the river.

Refrigerated product, store between 0-5°C. Frozen product, store at -18°C. After defrosting, store at 0-5°C. After defrosting, consume within 35 days. After opening, consume within 5 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253427	Trouxas de Ovos 250g (4 un) Fabridoce	250g	4 un	1kg	35 days	Refrigerated
5602691252758	Trouxas de Ovos 250g (4 un) Fabridoce	250g	4 un	1kg	12month s	Frozen
5602691252765	Trouxas de Ovos 40 un (2x20 un) HRC	≈ 60g	40 un	≈ 2,400kg	12month s	Frozen
5602952006069	Capas de Ovos	1 kg	2 un	2 kg	12month s	Frozen

Capas de Ovos: After defrosting, store at 0-5°C. After defrosting, consume within 35 days. After opening, consume within 5 days.

Packaging 250g







## Contemporary Sweets













### Brigadeiros de Cacau

#### Fudgy Cocoa Brigadeiros

With no added colourings or preservatives, Brigadeiros are part of a range of excellent products from Fabridoce. Each brigadeiro weighs around 16g and is prepared according to a more contemporary approach, namely less sweet and dense.

**140g format -** Refrigerated product, store between 0-5°C and consume within 120 days. Frozen product, store at -18°C. After defrosting, store in a cool, dry place and consume within 7 days.

**HRC format -** Frozen product, store at -18°C. After defrosting, store in a cool, dry place and consume within 7 days. Once opened, consume within 5 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253359	Brigadeiros de Cacau 140 g (9 un)	140g	6 un	840g	120 days	Refrigerated
5602691253359	Brigadeiros de Cacau 140 g (9 un) Frozen	140g	6 un	840g	12month s	Frozen
5602691253687	Brigadeiros de Cacau 108 un (12*9 un) HRC Frozen	16g	108 un	1,680kg	12month s	Frozen

Packaging 140g

## Queijinhos de Amêndoa com Ovos Moles

Almond Dumplings with Sweet Egg Delicacy

The Arab presence and the tradition of convent sweets come together in an almond delicacy filled with Ovos Moles (soft eggs), sprinkled with white icing sugar. Its shape gives it its name and its flavour makes lovers of this combination want to repeat the experience.

Refrigerated product, store between 0-5°C. Frozen product, store at -18°C. After defrosting, store between 0°C-5°C. After defrosting, consume within 60 days. After opening, consume within 5 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691250754	Queijinhos de Amêndoa com Ovos Moles 120g (6un)	120g	6 un	720g	120 days	Refrigerated
5602691250754	Queijinhos de Amêndoa com Ovos Moles 120g (6un) Frozen	120g	6 un	720g	12month s	Frozen
5602691252703	Queijinhos Amêndoa Ovos Moles 72 un (12*6 un) HRC Frozen	≈ 20g	72 un	1,440kg	12month s	Frozen

Packaging 120g

## Truffas com Ovos Moles

Truffles with Sweet Egg Delicacy

A unique and innovative product, made with the artisanal care of confectionery. The combination of chocolate with the Ovos Moles filling and the enveloping aroma of orange create a jewel of flavours in each piece.

Refrigerated product, store between 0-5°C. Frozen product, store at -18°C. After defrosting, store between 0°C-5°C. After defrosting, consume within 60 days. After opening, consume within 5 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691250617	Truffas com Ovos Moles 120g (9un)	120g	6 un	720g	120 days	Refrigerated
5602691250617	Truffas com Ovos Moles 120g (9un) Frozen	120g	6 un	720g	12month s	Frozen
5602691252697	Truffas com Ovos Moles 108 un (12*9 un) HRC Frozen	≈ 14g	108 un	1,440kg	12month s	Frozen

Packaging 120g

### Pudim de Leite Condensado

Sweetened Condensed Milk Pudding

They contain no added colourings or preservatives. Fabridoce is committed to bringing the best of Portuguese sweets to your table, always using natural products and made using traditional methods.

Refrigerate product between 0-5°C.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253281	Pudim de Leite Condensado 500g	500g	6 un	3kg	90 days	Refrigerated

Packaging 500g

### Pudim de Ovos

#### Egg Pudding

They contain no added colourings or preservatives. Fabridoce is committed to bringing the best of Portuguese sweets to your table, always using natural products and made using traditional methods.

Refrigerate product between 0-5°C.



PUDIM DE OVOS	

EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253328	Pudim de Ovos 500g	500g	6 un	3kg	90 days	Refrigerated

Packaging 500g

## Queijada de Maracujá

Passion Fruit Mini Custard Cakes

Traditional manufacture with passion fruit flavour. Available in HORECA format, marketed in Frozen to prevent product breakage.

Frozen product, store at -18°C. After defrosting, store at room temperature, up to 22°C. After defrosting, consume within 3 days.



EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253649	Queijadas de Maracujá 36 un (3*12 un) HRC Frozen	≈ 95g	36 un	3,420kg	11month s	Frozen



Queijada de Maracujá

### Quindim de Coco

#### Coconut Egg Custard

Traditional coconut-flavoured manufacture. Available in HORECA format, marketed in Frozen to prevent product breakage.

Frozen product, store at -18°C. After defrosting, store at room temperature, up to 22°C. After defrosting, consume within 3 days.



EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253	61 Quindim de Coco 36 un (3*12 un) HRC Frozen	≈ 85g	36 un	3,060kg	11month s	Frozen



Quindim de Coco

### Salame de Chocolate

#### Chocolate Salami

A delicious traditional Portuguese sweet made from Maria biscuits and chocolate. Available in HORECA format, sold in Frozen form to prevent product breakage.

Frozen product, store at -18°C. After defrosting, store at 0°C-5°C. After defrosting, consume within 3 days.



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Salame de	e Chocolate			

EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253434	Salame de Chocolate 30 un HRC Frozen	≈ 75g	30 un	2,250kg	8 months	Frozen

### Tarte de Amêndoa

#### Almond Tart

A classic traditional Portuguese pastry, topped with caramelised sliced almonds. Also available in HORECA format, sold in Frozen form to prevent product breakage.

Frozen product, store at -18°C.After defrosting, store in a cool, dry place. After defrosting, consume within 18 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253601	Tarte de Amêndoa (3 un)	160g	6 un	960g	18 days	Dry and Cool
5602691253601	Tarte de Amêndoa (3 un) Frozen	160g	6 un	960g	270 days	Frozen
5602691253656	Tarte de Amêndoa 54 un (3*18 un) HRC Frozen	≈ 55g	54 un	2,970kg	270 days	Frozen

Packaging 160g







Pastry













## Pastéis de Águeda

#### Águeda's Pastry

Pasteis de Águeda are made from eggs, sugar, butter and almonds. They have a delicate texture with a crunchy coating, which makes this speciality one of Águeda's best delicacies.

Store in a cool, dry place. Frozen product, store at -18°C. After defrosting, consume within 21 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691231166	Pastéis de Águeda 300g (6 un)	300g	6 un	1,800kg	21 days	Dry and Cool
c5602691231166	Pastéis de Águeda 300g (6 un) Frozen	300g	6 un	1,800kg	12 months	Frozen

Packaging 300g

### Pastéis de Torres Vedras

#### Torres Vedras's Pastry

Also known as pastel de feijão, is a typical Portuguese sweet that has been made in Torres Vedras since the end of the 19th century. Although the recipe varies slightly depending on the manufacturer, its basic ingredients are almonds and boiled white beans.

Store in a cool, dry place. Frozen product, store at -18°C. After defrosting, consume within 15 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691230459	Pastéis de Torres Vedras 380g (6 un)	380g	6 un	2,280kg	15 days	Dry and Cool
5602691230459	Pastéis de Torres Vedras 380g (6 un) Frozen	380g	6 un	2,280kg	12month s	Frozen

Packaging 380g

### Tortas de Azeitão

#### Azeitão's Rolls

Made from eggs and with a light lemon and cinnamon flavour, Tortas de Azeitão are one of the representative icons of the Azeitão region.

Frozen product, store at -18°C. After defrosting, store at 0°C-5°C. After defrosting, consume within 5 days.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation	
5602691252741	Tortas de Azeitão 20 un (2u*10 un) Frozen	≈ 75g	20 un	1,500kg	12month s	Frozen	-

Packaging 750g







## Biscoitos Tradicionais & Gourmet

Innovating while maintaining tradition











### Raivas de Aveiro

#### Cinnamon Portuguese Biscuits

Biscuits with over 200 years of history. Their flower-like shape and flavour make Raivas de Aveiro a classic of Portuguese confectionery.





EAN	Designation	Weigh /Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691253397	Raivas de Aveiro 200g (±9 un) Fabridoce	200g	10 un	2,000kg	120 days	Dry and Cool
5602691250662	Raivas de Aveiro Gourmet 250g (±11 un)	250g	12 un	3,000kg	120 days	Dry and Cool

Packaging Gourmet 250g

## Beijinhos de Pombal

Petit Biscuit Dots with Sugaru Glaze

Created at the beginning of the second half of the 20th century, based on Cavacas from Caldas da Rainha. Today they are one of Pombal's most popular specialities and are known throughout the country.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5604551983482	Beijinhos de Pombal 90g (44 un)	90g	16 un	1,440kg	180 days	Dry and Cool
5602691250686	Beijinhos de Pombal Gourmet 90g (44 un)	90g	12 un	1,080kg	180 days	Dry and Cool

Packaging 90g e Gourmet 90g

## Bolos de Gema

Gourmet Delicat Biscuit with Sugary Glaze

Biscuits much appreciated at popular festivals for their soft texture covered in a thin layer of sugar.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691250211	Bolos de Gema 250g (±14 un)	250g	12 un	3,000kg	60 days	Dry and Cool

Packaging Gourmet 250g

## Linguas da Sogra

#### Fine Biscuit Rolls

It is believed that the origin of this thin, crunchy, cone-shaped biscuit dates back to the beginning of Christianity and derives from the divine bread that was distributed to the faithful in churches. In medieval times, it was much appreciated by kings, bourgeois and great lords and was later sold on the streets. Nowadays it is much appreciated at fairs, festivals, pilgrimages and on Portuguese beaches.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5602691250679	Línguas da Sogra Gourmet 100g (10 un)	100g	12 un	1,200kg	180 days	Dry and Cool

Packaging Gourmet 100g

### Telhas de Amêndoa

#### Almond Tiles

Has a careful selection of ingredients is combined - almonds, sugar, eggs, flour and vanilla flavouring - delicately cooked and served in the shape of tiles. It's the perfect companion for tea.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5604388000017	Telhas de Amêndoa 100g (10 un)	100g	15 un	1,500kg	120 days	Dry and Cool
5602691250693	Telhas de Amêndoa Gourmet 130g (13 un)	130g	12 un	1,560kg	120 days	Dry and Cool

Packaging 100g e Gourmet 130g

### Bolinhos de Amendoim

Peanut Cookies

Delicious, crunchy biscuit with peanuts on the surface.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5604388000437	Bolinhos de Amendoim 200g (8 un)	200g	12 un	2,400kg	120 days	Dry and Cool

Packaging 200g

### Cavacas de Pombal

#### Pastry Puffs with Sugar Glaze

Following the original recipe for over 70 years, Cavacas from Pombal are a derivation of the Cavacas from Caldas da Rainha. This regional speciality is a dry, light cake, partially covered in vanilla-flavoured white icing, circular in shape, with an original recipe, without the addition of colourings or preservatives, kept secret.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5604551993481	Cavacas de Pombal 90 g (8 un)	90g	12 un	1,080 kg	180 days	Dry and Cool

Packaging 90g

### Suspiros

#### Meringue

Is a very light sweet made from meringue in small portions that are baked on a baking tray in a low oven. The first records of this sweet appear at the end of the 19th century. This sweet came about because at the end of the day the 'pastry chef' had egg whites and the heat from the oven left over from other recipes.





EAN	Designation	Weigh / Un	Un / Carton Box	Weigh / Carton Box	Validity	Conservation
5604388000116	Suspiros 90g (23 un) Fabridoce	90g	12 un	1,080kg	150 days	Dry and Cool

Packaging 90g









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